



Pictured: Message of hope from the Preschool



Happy Mother's Day!

Wishing mums, grandmas, aunts and all families a very special day on Mother's Day - this Sunday 10th May.



Upcoming Events:

8th June Queen's Birthday Public Holiday

22-24th June Dental for Schools

A Message from Leadership

Dear Families and Carers,

Congratulations everyone for the great start to Term 2! It has been fantastic to listen to the SA Health reports, with Dr Nicola Spurrier giving us the daily updates of zero COVID-19 cases. As I mentioned in my last communication home I would keep you updated with what would be happening at school from the end of Week 2. Wandana teachers have seen a rise in student attendance from about 40% in Week 1 to 80% of students back by the close of business on Thursday. This means that as of next Monday 11th of May Week 3, students and teachers will be returning to their normal face-to-face teaching programs. As you are aware, remote learning for those students who have health conditions and are at risk or live with vulnerable family members may continue at home and will be catered for. However, the remote learning programs will differ as the majority of students are at school and teleconferencing sessions will not be viable. Teachers will continue to post activities on Seesaw, which will still need to be completed and daily attendance updates will remain in place.

This term as per the Department requirements, teachers will write reports and assign grades. We

understand what impacts COVID-19 has placed on families, so reports will be based on the information teachers have seen via Seesaw, formative feedback and assessment tasks. It is important that if your child is still learning from home that they are participating in the programming to the best of their ability to ensure their report can be reflective of their learning. The reports will look slightly different and further information will come later in the term.

The playground and gym are now open for recess and lunch play, however classrooms will still remain closed to parents for school drop off and pick up. If you need to speak to your child's teacher please ring the school, email or post on Seesaw and they will reply as soon as they can. The Office is now open, however if you can please limit contact, social distance where possible and use the sanitiser provided. Our Subway lunches on a Friday have started up again, so make sure you pop an order in next time you can. Breakfast Club will remain open for students but the reading room will not be open for families in the morning at this stage.

Thank you for your understanding. It has been wonderful to see all the bright faces back at school.

Kind regards,

Tegan Sims, Acting Principal

Message of hope from the Preschool (Pictured above)

Everything that is happening in our world at the moment has provided the perfect opportunity for the preschool children to talk about the character strength of Hope. The children hope the virus goes away, they hope that things go back to normal, they hope that people stay safe and well, but mostly, they hope to see their friends soon.

This activity has been a way to help the children attending preschool to feel connected to their friends who are learning from home. They also wanted to share this message with the whole Wandana School community.

Our vision: Empowering our community to flourish in their relationships and learning.

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What is Wellbeing?

Wellbeing is the experience of health, happiness, and prosperity. It includes having good mental health, high life satisfaction, a sense of meaning or purpose and ability to manage stress. More generally, wellbeing is just feeling well.

Types of Wellbeing:

- **Emotional Wellbeing.** The ability to practice stress-management techniques, be resilient, and generate the emotions that lead to good feelings.
- **Physical Wellbeing.** The ability to improve the functioning of your body through healthy eating and good exercise habits.
- **Social Wellbeing.** The ability to communicate, develop meaningful relationships with others, and maintain a support network that helps you overcome loneliness.

Can You Actually Improve Your Wellbeing? Try some activities below for you and your family:

Create your own story

Draw inspiration from what is around you and decide how you would like to create your story. Will you do a short picture book story, a play or maybe a long form masterpiece? Have fun with the characters and plot and enjoy expressing your ideas through storytelling.

Dance

We love music and we love to dance! Why not take some time and exercise simultaneously? In the evenings, dance and enjoy expressing themselves through music.

Play board games

Learn a new card or board game or get better at one you already play (for example, chess). You can do this at home or there are apps/online games you can play with friends and family.

Be physically active

Get creative with how you stay active. Try walking around whenever you are on the phone and get moving between TV ad breaks or episodes. Increasing your incidental exercise will help you keep active and feeling good.

Create a consistent bedtime routine

Let your mind and body know that it's time to wind down by creating a relaxing bedtime routine. Try reading, listening to music, having a warm bath or shower, or deep breathing exercises.



TALK & LISTEN,
BE THERE,
FEEL CONNECTED



DO WHAT YOU CAN,
ENJOY WHAT YOU DO,
MOVE YOUR MOOD



REMEMBER
THE SIMPLE
THINGS THAT
GIVE YOU JOY



EMBRACE NEW
EXPERIENCES,
SEE OPPORTUNITIES,
SURPRISE YOURSELF



Your time,
your words,
your presence

School Crossing

From Week 3 of this term, students and teachers will no longer monitor the crossing on Wandana Avenue. Due to COVID-19 students and teachers have not acquired the suitable training, however this will be reviewed in 2021.

What should pedestrians and bike riders do?

Whenever people cross the road, even if the lights are flashing, they should still use the STOP LOOK LISTEN THINK procedure to check that vehicles have stopped and drivers have seen them before they walk across. When the lights are not flashing pedestrians and bike riders do not have priority.

What should drivers do?

A speed limit of no more than 25 km/hr applies between the signs that state WHEN LIGHTS FLASHING. Drivers must stop for anyone using the crossing or about to use the crossing when the lights are flashing. Drivers must not park within 20 metres of the approach to a koala crossing or within 10 metres after passing it.



For further information:

Visit - www.dpti.sa.gov.au/Way2Go

Email - dpti.way2go@sa.gov.au



22nd - 24th of June

Dental for Schools

is coming to Wandana Primary School to provide check-ups & onsite treatment. Meaning you don't have to skip school to see the dentist! Simply fill in your form to be apart of this incredible experience.

We want to hear from parents! So we are giving away 100 Oral B Electric Toothbrushes in the next 60 days, to be eligible simply leave a Google review and tell us how your child's visit went!



#Dentalforschools